



Jane Fox - Sculptor MRSS

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Profile: I am researching bio-materials for sculpture, principally probiotic microbial cellulose and mycelium; and writing a book on probiotics and systemic health.

Education and Training

MA Sculpture - Distinction	Royal College of Art, London 1999-2001
BA Fine Art (Sculpture) 2:1	Slade School of Fine Art, University College London 1995-1999
BSc Psychology, Criminology, Politics 2:1	University College Cardiff, Wales 1982-1985
Teaching Cert: Teaching and Assessing in Clinical Nursing Practice	School of Nursing and Midwifery, Bangor, Gwynedd, North-Wales 1990
Registered Health Visitor	University Hospital of Wales and community, Cardiff 1985-1986
State Certified Midwife	St. David's Midwifery Hospital and community, Cardiff 1980-1981
State Registered Nurse	University Hospital of Wales and community, Cardiff 1976-1979

(23 years working for the NHS in Wales between 1976 - 2014 - periodically as a nurse, midwife and health visitor/ specialist community public health nurse (SCPHN))

Selected Exhibitions

Probiotic Fossils - Tiny Builders of the Natural World	One Island Many Visions, Royal Society of Sculptors conference and exhibition, Portland, Sculpture and Quarry Trust, Portland, Dorset, Forthcoming 2025
Connected/ Breathe-in/ Becoming Probiotic/ Becoming Plastic	Antidote, Oriol Canfas, Cardiff, Wales, UK, 2024
Cradle	Casting Shadows, Royal Society of Sculptors, ACEarts Gallery, Somerset - exhibiting sculpture made of sprouting oyster mushroom mycelium, 2024
Connected/ Breathe-in/ Becoming Probiotic/ Becoming Plastic	Annual Open 170, Royal West of England Academy, Bristol - exhibiting prototype sculpture made of probiotic microbial cellulose, 2023-2024
Connected/ Breathe-in/ Becoming Probiotic/ Becoming Plastic	Wander_Land, Royal Society of Sculptors, Tremenhoe Gallery and Sculpture Gardens, Cornwall - exhibiting prototype sculpture made of probiotic microbial cellulose, 2023
Getting Ready, Never Ready, Ever Ready	Film exploring materialism. Experimentica, Chapter, Cardiff; Whitechapel Gallery, Century Gallery, Shoreditch; Raindance East Film Festival, Hackney, London (2002-2004)
Artists' Survival Kits, Artists Against The War	A survival kit. Le Parlement Des Arts, Strasbourg, France; and Hotel Bellville, Waterloo, London. On tour 2003
Forget Your Perfect Offering/1	Sculptural Commission, Underground Movement, Colchester; and Royal College of Art, London 2000
Bloomberg's New Contemporaries	Sculptural Installations, Liverpool Biennial, Liverpool; and Beaconsfield Gallery, London. On tour 1999

Theatre / Opera Productions

Peacekeeping; and The Filmmaker and The Organ Trader	Chamber opera double-bill exploring human trafficking, Wales Millennium Centre, Cardiff, 2018. Funded by Ty Cerdd and crowd funding. Writer and producer
Shelter	Chamber opera exploring Stockholm Syndrome, trafficking and child brides, Royal Welsh College of Music and Drama, Cardiff 2015. Funded by Arts Council of Wales. Writer and producer
Butcher	Musical theatre exploring epi-genetics and the cancer industry, Chapter Arts Centre, 2011. Funded by Arts Council of Wales. Co-writer with Susan Jickells, and producer
Tiktika	Sensory labyrinth theatre with school children, 16-21 years olds excluded from school, and members of the public. France, Portugal, Romania and Wales 2008-2009. European funding

Selected Awards

Royal Society of Sculptors member	MRSS, London 2021 ongoing; and (MRBS 2007-2017)
Ty Cerdd/ Music House Wales	New Music Award 2017-2018 for 'Peacekeeping' opera
Association for Cultural Advancement Through Visual Art (ACAFA)	First Base Studio Award (Hackney) for one year. Funded by Esmee Fairbairn Foundation and London Arts Board, 2002-2003
RCA and University College of London	RCA Bursary 2000; and Slade, UCL Bursaries 1998, 1997; The Prankard Jones Memorial Prize 1997; The Monnington Prize 1996; Entry Scholarship 1995

Selected Publication Credits

Future Materials Bank	Probiotic microbial cellulose as a smart material for sculpture accepted into the Future Materials Bank, Jan Van Eyck Academie, Maastricht, 2023
Becoming Probiotic - Health, ecology and our second brain	Article published in Planet - The Welsh Internationalist magazine/ Welsh and International politics and culture, 251, 2023. ISSN 0048-4288
Wander_Land	An exhibition of sculpture by members of the Royal Society of Sculpture published in Explore Art magazine, 2023
Solar Plexus and Waiting	Poems published in the Welsh Poetry Competition Anthology, The first five years, 2007-2011. ISBN 978-1-4477-3232-7
White Rabbit	Poem published in Routemasters and Mushrooms. An Earlyworks Press Poetry Anthology, 2006 ISBN 0-9553429-0-2
Arcadia in the City	Catalogue, English Heritage, London, 2002. IBNS 1-85074-842-X
Royal College of Art	Catalogue, 2001. IBNS 187417559-4
New Contemporaries 99	Catalogue, 1999. IBNS 0-9515556-8-5

Volunteering

Gardener	Since 2005 community gardening projects, Cardiff and RCT allotments. Interests include organic growing, foraging and fermenting probiotics
Diving N.A.R.C	Since 1985 a scuba diver. I volunteer with a marine conservation group of divers called, 'Neptune's Army of Rubbish Cleaners'. We lift plastic, rubbish, lost lobster pots and rescue sea life tangled-up in the rubbish and pots, Pembrokeshire, Wales
FareShare Driver	From the beginning of the pandemic in 2020 until 2023 delivering food to community food banks across South-Wales

Homelessness Film -Cymorth Cymru and Ty Gobaith / and StreetWise Opera

Collaborative documentary on homeless peoples' experiences of Council 'outreach services'. A commission to improve service provision, Cardiff, 2007. Volunteered in various capacities for StreetWise Opera

Teaching (sculpture)

Slade Summer School, University College London 1996 and 1997; and assistant sculptor at National Theatre Studio, London 2014